



Personality traits of physical education and non physical education teachers of Bilaspur district, Chhattisgarh

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Abstract

The present study was conducted to study the personality traits of Physical Education and non physical Education teachers of District Bilaspur Chhattisgarh. The data pertaining to this study was collected on 50 physical education and 50 non physical education male teachers of different parts of Bilaspur by using the revised Eysenck Personality Questionnaire (EPQR-S) and the responses in YES/NO form were converted numerically following the scoring keys. The collected data were analyzed statistically through T-test and the level of significant was observed at 0.05 level of confidence. On the basis of statistical findings it was concluded that there were insignificant differences in personality traits between Physical Education teachers and non- Physical Education teachers ($t_{0.05(98)} = 1.23 < 1.984$). It was also further concluded that the Physical Education teachers are more extrovert than non-physical education teachers ($24.6 > 23.54$).

Keywords: personality trait, physical education teacher, non physical education teacher

Introduction

The term personality includes the integration of one's physical structure, intellectual abilities, attitude and many other distinguishable characteristics. It has many dimensions and is affected by heredity learning, motivation, emotion, intelligence, thinking creativity and so many other major factors. Teaching is hard work and some teachers never grow to be anything better than mediocre. It is a complex process that involves teacher's ability to deal with students, efficiency in school work, interest in gathering knowledge and the ability to develop cordial relationship with one's colleagues and a host of other factors.

Physical Education teachers particularly working in schools have multifaceted responsibilities. They have to be effective as managers, coaches, teachers, supervisors and even as organizers. They will be assisting school administration quite regularly. To carry out such responsibilities, the teacher should have professional training, required qualifications, knowledge, skill, favourable attitudes and interests, courage, genuine interest in, the profession, students, school and community. The teacher's behavioural characteristics influence his teaching and education is imparted by him to his students. Apart from the qualification, experience and professional training, it is the working efficiency of physical education teachers that will have a lasting effect on their students.

The working efficiency of teachers depends upon their personality, which involves a number of factors or traits like self-concept, motivation, levels of aspiration, leadership skills and effectiveness, and above all the satisfaction that the

teachers or administrators derive from their job or work. Even though the working efficiency depends upon factors like age, maturity, professional qualification training and background, one's personality makes up with attitude and interests and various other traits of personality will be the contributing factors.

Methodology

To conduct the study 50 physical education and 50 Non-Physical Education teachers of different schools of Bilaspur district were selected as the subject and the data pertaining to this study were collected from them by using the Revised Eysenck Personality Questionnaire (EPQR-S) and the responses in YES/NO form were converted numerically following the scoring keys. The collected data were analyzed statistically through T-test and the level of significance was observed at 0.05 level of confidence.

Results and Discussion

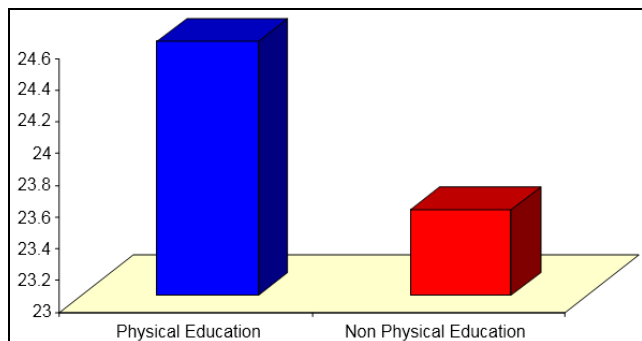
Results: From the table no. 1 it is learned that there were no significant differences in the personality traits of physical education and the non-physical education teachers as the calculated t value (1.23) is lesser than tabulated t value $t(0.05,98) = 1.984$. The comparison of Mean value of both the groups is shown in the figure 1.

Table-2 revealed that there were significant differences in the extroversion between Physical Education and Non-Physical Education teachers as the calculated t value (3.63) is greater than tabulated $t(0.05,98) = 1.984$. The comparison of mean is shown in the figure-2.

Table 1: Comparison of Means of Personality Traits between Physical Education and Non Physical Education teachers

Group	Mean	SD	MD	S.E.	T Ratio
Physical Education	24.6	4.80	1.06	0.86	1.23*
Non Physical education	23.54	3.82			

* Insignificant at 0.05 level of confidence. Tabulated $0.05(98) = 1.984$

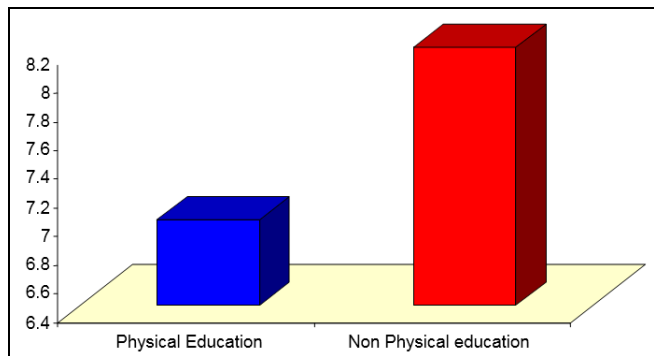


Graph 1: Comparison of Mean of Personality Traits between Physical Education & Non-Physical Education teachers

Table 2: Comparison of Mean of Extroversion between Non Phy. Education Teachers and Physical Education Teachers

Factor of personality	Group	Mean	SD	MD	S.E.	t ratio
Extra Version	Physical Education	7.0	2.27	1.2	0.33	3.63*
	Non-Physical Education	8.20	0.75			

* Insignificant at 0.05 level of confidence. tabulated $0.05(98) = 1.984$



Graph 2: Comparison of Mean of Extraversion between Physical Education & Non-Physical Education teachers

Discussion of Findings

From the table no. 1 and 2 the insignificant differences in case of personality traits ($1.23 > 1.984$) and significant differences in case of extroversion ($3.63 < 1.984$) between Non-Physical Education teachers and Physical Education teachers were observed. It was also observed from table 1 that physical Education teachers have better personality and extroversion than Non Physical Education teachers ($24.6 < 23.54$, $8.20 < 7$). This might be because of the nature of duty and work of both the subjects. The physical education profession is based on practical oriented subjects where the mass participation is present and the intimate participation of teacher is needed. Moreover the Physical Education teacher has to participate actively in various programmes organized by the school. All these environmental as well as situational factors may affect the personality of the Physical Education teacher. On the other

hand such type of nature and duty as well as situation and environments of the Non-Physical Education subjects is different to Physical Education subjects where the Non-Physical Education teacher gets fewer opportunities to participate in comparison to the physical education teacher.

Conclusion

On the basis of statistical findings it was concluded that there were insignificant differences in personality traits between Physical Education teachers and Non physical Education teachers ($t(0.05(98)) = 1.23 < 1.984$). It was also further concluded that the Physical Education Teachers are more extrovert than Non physical education Teachers ($24.6 > 23.54$).

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